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*General & Vascular Surgery*

# Hemorrhoidectomy / Anal Surgery Prep

The day BEFORE surgery:

1. Diet: Clear Liquids Only
2. Drink 1- 8 ounce glass of clear liquid with a full capful of Miralax. Stir until dissolved than drink. Repeat every 30 minutes until you drink 10 glasses. Start this process at Noon day before your procedure.

## SURGERY DAY

1. Complete 1 Fleets Enema\*, 1 hour prior to leaving for the hospital. \*

.Purchase from pharmacy:

Miralax

1 - Fleets Enema