



A. Samir Hassan, MD, FACS, FICS
General & Vascular Surgery

Date _____

Pre & Post-Operative Instructions Breast Biopsy

- One week prior to surgery stop Coumadin, Aspirin, Vitamin E, Multi-Vitamins, Ibuprofen, Motrin, Relafin, and Mobic.
- Two weeks prior to surgery stop Plavix.
- Do not eat or drink after midnight the night before your procedure. You may take your regular medications, except the ones listed above, with a sip of water on the day of the procedure.
- Purchase a Sports Bra which fastens by hook or zipper in the front & bring it to the hospital with you the DAY OF SURGERY, so it may be put on at the time of your procedure.
- You are to wear the Sports Bra 24 hours a day for 2 weeks post-op. You may remove it to shower after the first post-op day. Keep bra stuffed with gauze if necessary in order to keep pressure on the operative breast.
- Use an ice pack on the breast for 24-48 hours after surgery to reduce any swelling and discomfort.
- Use pain medications as instructed.

Notify the office if you experience:

- 1) Elevated temperatures of 101 degrees or higher – take 2 Tylenol 650 mg tablets every 4-6 hrs if needed & drink plenty of fluids.
- 2) Increased redness & warmth at the incision site.
- 3) Sudden bleeding from the incision site (some minor blood staining is to be expected). Some bruising can also be expected.
- 4) Increased pain & swelling.

Your post-op appointment to discuss the pathology of your biopsy is scheduled at our office and listed on your Surgery Letter.

Please bring a friend or family member with you to this appointment.

SIGNATURE OF PATIENT

SIGNATURE OF STAFF

PRINT NAME